

# The Leader's Road Map to Success

*Leadership principles are as true on the dance floor as they are in a marriage. Dancing is a source of energy, requiring a great amount of sensitivity, inspiration, and balance. A dance is only as strong as its leader.*

01

**Self-Leadership:** If you are confident with the choreography, it will show and inspire others to follow. To be able to lead others, you must begin with yourself. The leader needs to know the choreography before he can effectively lead his partner. If a leader's intent is in alignment with his actions, it will show.

02

**Consciousness:** Knowing who you are. Leadership means being aware of your own style. It is about figuring out who you are, what you're passionate about, and then expressing exactly that.

03

**Connection:** Leading is about connecting, creating resonance and working in partnership. A great leader on the dance floor knows exactly where his partner is at every moment. He senses which foot her weight is balanced on without looking; and he knows her strengths and weaknesses. When in dance, there is consent, connectedness and a shared passion for goals. The way the leader holds himself leads his partner to effortlessly do her part and follow him well.

04

**Strength:** A great leader recognizes others' abilities, allows them to shine, and gives them the opportunity to excel at their own personal solo dance. People entrust themselves to a leader. They seek out a leader that can confidently direct them properly.

05

**Alignment:** A leader has a plan and knows the choreography of the dance well enough to effectively sharing it with others. Leadership requires having personal direction and communicating the next steps with precision to a partner with proper time for them to respond. Part of being a great leader means knowing when to give others the space they need to do their best.

06

**Development:** Part of effective leadership includes accepting feedback and re-aligning where necessary. Great leaders continuously learn and grow from other's responses, reactions and feedback. Leaders fine-tune their instructions so the responses produce the results they are looking for.

07

**Action:** A leader must learn not to be afraid of making mistakes and must understand the importance of simply starting by moving. He understands that once the movement begins, the other moves will naturally fall into place as they should. Leaders focus on implementation. Both dancing can only be learned by taking action. Practicing, improvising with creativity, caring for others, and embracing spontaneity, all while focusing on the execution of the plan will bring about the desired successful results.

# Homework

## Self-Leadership

How can you carry yourself today, so that others effortlessly follow you?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Consciousness

What are you afraid of?  
What gives you energy?  
What are you recognized for?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Connection

How does it feel different when the interaction shifts to partnership?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Strengths

How do you put others in the limelight? How do you provide others the space and time to grow and thrive?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Alignment

What is your vision of leadership and what does your plan to execute it look like?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Development

When and where have you learned through trial and error, experimenting, mutuality or vulnerability?

His: \_\_\_\_\_

Hers: \_\_\_\_\_

## Action

What does it take for you to execute a plan? How does it make you feel?

His: \_\_\_\_\_

Hers: \_\_\_\_\_